

A9-ritten 2009

1

100 km

Ryttarrapport söndag den 24 maj 2009

Klass 2 100 km ind.

Pulsgräns: 64 slag/min Distans: 100 km

Vtg 1 efter 36 km (obl. vila 30 min) Vtg 2 efter 30 km (obl. vila 30 min) Vtg 3 efter 20 km (obl. vila 40 min)

Startnr	Ryttare	Häst	Land/klubb	Placering					
22	Ebba Boberg	Patos	Nerikes DRK	1					
Start	06:00:00								
	<i>Ankomsttid</i>	<i>Intid</i>	<i>Diff</i>	<i>Km/tim</i>	<i>Ack. km/tim</i>	<i>Puls</i>	<i>Ridtid</i>	<i>Uttid</i>	
Vtg 1	07:57:40	08:00:10	00:02:30	18,0	18,0	64	02:00:10	08:30:10	5
Vtg 2	10:03:39	10:06:38	00:02:59	18,7	18,3	60	01:36:28	10:36:38	4
Vtg 3	11:36:01	11:38:29	00:02:28	19,4	18,5	64	01:01:51	12:18:29	1
Mål	13:02:21			19,1	18,6	60	00:43:52		1
Totalt				00:07:57	18,6		05:22:21		1
11	Ella Lindblom	Lapszus	Björkviks RF	2					
Start	06:00:00								
	<i>Ankomsttid</i>	<i>Intid</i>	<i>Diff</i>	<i>Km/tim</i>	<i>Ack. km/tim</i>	<i>Puls</i>	<i>Ridtid</i>	<i>Uttid</i>	
Vtg 1	07:57:12	07:58:28	00:01:16	18,2	18,2	56	01:58:28	08:28:28	1
Vtg 2	10:03:28	10:05:46	00:02:18	18,5	18,4	56	01:37:18	10:35:46	1
Vtg 3	11:36:04	11:38:33	00:02:29	19,1	18,5	64	01:02:47	12:18:33	2
Mål	13:02:32			19,1	18,6	60	00:43:59		2
Totalt				00:06:03	18,6		05:22:32		2
9	Gunilla Carlson	Hakuna Matata	Rönningens K&RK	3					
Start	06:00:00								
	<i>Ankomsttid</i>	<i>Intid</i>	<i>Diff</i>	<i>Km/tim</i>	<i>Ack. km/tim</i>	<i>Puls</i>	<i>Ridtid</i>	<i>Uttid</i>	
Vtg 1	07:57:29	07:59:44	00:02:15	18,0	18,0	58	01:59:44	08:29:44	4
Vtg 2	10:03:36	10:07:21	00:03:45	18,4	18,2	60	01:37:37	10:37:21	5
Vtg 3	11:36:05	11:42:23	00:06:18	18,5	18,3	64	01:05:02	12:22:23	5
Mål	13:07:43			18,5	18,3	60	00:45:20		3
Totalt				00:12:18	18,3		05:27:43		3
1	Ingrid Boström	Kislon Amasai	Skånsta Ryttare	4					
Start	06:00:00								
	<i>Ankomsttid</i>	<i>Intid</i>	<i>Diff</i>	<i>Km/tim</i>	<i>Ack. km/tim</i>	<i>Puls</i>	<i>Ridtid</i>	<i>Uttid</i>	
Vtg 1	07:57:10	07:58:48	00:01:38	18,2	18,2	60	01:58:48	08:28:48	2
Vtg 2	10:03:27	10:06:03	00:02:36	18,5	18,3	58	01:37:15	10:36:03	2
Vtg 3	11:36:05	11:38:38	00:02:33	19,2	18,5	54	01:02:35	12:18:38	3
Mål	13:10:55			16,1	18,1	60	00:52:17		4
Totalt				00:06:47	18,1		05:30:55		4
									Best Condition
28	Anna Hildenborg	Wearst	Skånsta Ryttare	5					
Start	06:00:00								
	<i>Ankomsttid</i>	<i>Intid</i>	<i>Diff</i>	<i>Km/tim</i>	<i>Ack. km/tim</i>	<i>Puls</i>	<i>Ridtid</i>	<i>Uttid</i>	
Vtg 1	07:57:09	07:59:19	00:02:10	18,1	18,1	60	01:59:19	08:29:19	3
Vtg 2	10:03:24	10:06:16	00:02:52	18,6	18,3	60	01:36:57	10:36:16	3

A9-ritten 2009

2

100 km

Ryttarrapport söndag den 24 maj 2009

Klass 2 forts

Startnr	Ryttare			Häst		Land/klubb			Placering
Vtg 3	11:36:02	11:41:18	00:05:16	18,5	18,3	60	01:05:02	12:21:18	4
Mål	13:10:56			16,9	18,1	56	00:49:38		5
Totalt			00:10:18	18,1	18,1		05:30:56		5

6	Katarina Mungsgård	Wivex Girl	Rönningens K&RK	6					
Start	06:00:00								
	<i>Ankomsttid</i>	<i>Intid</i>	<i>Diff</i>	<i>Km/tim</i>	<i>Ack. km/tim</i>	<i>Puls</i>	<i>Ridtid</i>	<i>Uttid</i>	
Vtg 1	07:57:54	08:02:22	00:04:28	17,7	17,7	59	02:02:22	08:32:22	6
Vtg 2	10:09:24	10:12:15	00:02:51	18,0	17,8	63	01:39:53	10:42:15	6
Vtg 3	11:49:43	11:54:04	00:04:21	16,7	17,5	60	01:11:49	12:34:04	6
Mål	13:30:29			14,9	17,1	63	00:56:25		6
Totalt			00:11:40	17,1	17,1		05:50:29		6

3	Patricia Svensson	Nefer el Fox	Skånsta Ryttare	7					
Start	06:00:00								
	<i>Ankomsttid</i>	<i>Intid</i>	<i>Diff</i>	<i>Km/tim</i>	<i>Ack. km/tim</i>	<i>Puls</i>	<i>Ridtid</i>	<i>Uttid</i>	
Vtg 1	08:11:21	08:14:26	00:03:05	16,1	16,1	56	02:14:26	08:44:26	9
Vtg 2	10:30:55	10:36:40	00:05:45	16,0	16,1	60	01:52:14	11:06:40	10
Vtg 3	12:21:22	12:27:12	00:05:50	14,9	15,8	58	01:20:32	13:07:12	8
Mål	14:02:23			15,2	15,7	64	00:55:11		7
Totalt			00:14:40	15,7	15,7		06:22:23		7

5	Helena Bonnevie	Silver Dearest	Skånsta Ryttare	8					
Start	06:00:00								
	<i>Ankomsttid</i>	<i>Intid</i>	<i>Diff</i>	<i>Km/tim</i>	<i>Ack. km/tim</i>	<i>Puls</i>	<i>Ridtid</i>	<i>Uttid</i>	
Vtg 1	08:11:22	08:14:19	00:02:57	16,1	16,1	64	02:14:19	08:44:19	8
Vtg 2	10:30:54	10:36:26	00:05:32	16,1	16,1	62	01:52:07	11:06:26	8
Vtg 3	12:21:24	12:26:37	00:05:13	15,0	15,8	60	01:20:11	13:06:37	7
Mål	14:06:53			13,9	15,5	56	01:00:16		8
Totalt			00:13:42	15,5	15,5		06:26:53		8

2	Amanda Renström	Rebel Yell	Skånsta Ryttare	9					
Start	06:00:00								
	<i>Ankomsttid</i>	<i>Intid</i>	<i>Diff</i>	<i>Km/tim</i>	<i>Ack. km/tim</i>	<i>Puls</i>	<i>Ridtid</i>	<i>Uttid</i>	
Vtg 1	08:11:22	08:14:27	00:03:05	16,1	16,1	63	02:14:27	08:44:27	10
Vtg 2	10:31:01	10:36:26	00:05:25	16,1	16,1	58	01:51:59	11:06:26	8
Vtg 3	12:21:23	12:27:12	00:05:49	14,9	15,8	61	01:20:46	13:07:12	8
Mål	14:06:54			14,1	15,5	58	00:59:42		9
Totalt			00:14:19	15,5	15,5		06:26:54		9

23	Birgitta Almlid	Lawrence ox	Årsta Runsten	10					
Start	06:00:00								
	<i>Ankomsttid</i>	<i>Intid</i>	<i>Diff</i>	<i>Km/tim</i>	<i>Ack. km/tim</i>	<i>Puls</i>	<i>Ridtid</i>	<i>Uttid</i>	
Vtg 1	08:11:23	08:13:54	00:02:31	16,1	16,1	60	02:13:54	08:43:54	7
Vtg 2	10:30:53	10:33:52	00:02:59	16,4	16,2	64	01:49:58	11:03:52	7

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100 km

Ryttarrapport söndag den 24 maj 2009

Klass 2 forts

Startnr	Ryttare			Häst		Land/klubb			Placering
Vtg 3	12:32:15	12:36:22	00:04:07	13,0	15,3	63	01:32:30	13:16:22	11
Mål	14:28:30			11,6	14,7	56	01:12:08		10
Totalt			00:09:37	14,7	14,7		06:48:30		10

16	Camilla Norberg			El Sobra ox		Värmlands Distansryttare			11
Start	06:00:00								
	<i>Ankomsttid</i>	<i>Intid</i>	<i>Diff</i>	<i>Km/tim</i>	<i>Ack. km/tim</i>	<i>Puls</i>	<i>Ridtid</i>	<i>Uttid</i>	
Vtg 1	08:17:15	08:19:36	00:02:21	15,5	15,5	64	02:19:36	08:49:36	15
Vtg 2	10:46:15	10:50:55	00:04:40	14,8	15,2	56	02:01:19	11:20:55	16
Vtg 3	12:45:44	12:48:08	00:02:24	13,8	14,8	44	01:27:13	13:28:08	15
Mål	14:30:34			13,5	14,6	58	01:02:26		11
Totalt			00:09:25	14,6	14,6		06:50:34		11

14	Nathalie Löfdahl Hellström			Ktchuk		Värmlands Distansryttare			12
Start	06:00:00								
	<i>Ankomsttid</i>	<i>Intid</i>	<i>Diff</i>	<i>Km/tim</i>	<i>Ack. km/tim</i>	<i>Puls</i>	<i>Ridtid</i>	<i>Uttid</i>	
Vtg 1	08:17:44	08:19:55	00:02:11	15,4	15,4	60	02:19:55	08:49:55	17
Vtg 2	10:46:41	10:49:11	00:02:30	15,1	15,3	56	01:59:16	11:19:11	13
Vtg 3	12:45:45	12:47:50	00:02:05	13,5	14,8	52	01:28:39	13:27:50	14
Mål	14:30:35			13,4	14,6	52	01:02:45		12
Totalt			00:06:46	14,6	14,6		06:50:35		12

13	Birgit Glanander			Shaikir ox		Värmlands Distansryttare			13
Start	06:00:00								
	<i>Ankomsttid</i>	<i>Intid</i>	<i>Diff</i>	<i>Km/tim</i>	<i>Ack. km/tim</i>	<i>Puls</i>	<i>Ridtid</i>	<i>Uttid</i>	
Vtg 1	08:17:52	08:20:49	00:02:57	15,3	15,3	64	02:20:49	08:50:49	18
Vtg 2	10:46:39	10:50:34	00:03:55	15,0	15,2	60	01:59:45	11:20:34	14
Vtg 3	12:45:47	12:48:16	00:02:29	13,7	14,8	57	01:27:42	13:28:16	16
Mål	14:30:36			13,5	14,6	52	01:02:20		13
Totalt			00:09:21	14,6	14,6		06:50:36		13

4	Annica Linder Löfgren			OKS Euforian		Skånsta Ryttare			14
Start	06:00:00								
	<i>Ankomsttid</i>	<i>Intid</i>	<i>Diff</i>	<i>Km/tim</i>	<i>Ack. km/tim</i>	<i>Puls</i>	<i>Ridtid</i>	<i>Uttid</i>	
Vtg 1	08:17:25	08:19:47	00:02:22	15,5	15,5	60	02:19:47	08:49:47	16
Vtg 2	10:39:31	10:42:25	00:02:54	16,0	15,7	56	01:52:38	11:12:25	12
Vtg 3	12:41:15	12:43:20	00:02:05	13,2	15,0	60	01:30:55	13:23:20	12
Mål	14:30:37			12,5	14,6	62	01:07:17		14
Totalt			00:07:21	14,6	14,6		06:50:37		14

25	Liselott Friederich			Red Ferrari		Simlångsdalens RF			15
Start	06:00:00								
	<i>Ankomsttid</i>	<i>Intid</i>	<i>Diff</i>	<i>Km/tim</i>	<i>Ack. km/tim</i>	<i>Puls</i>	<i>Ridtid</i>	<i>Uttid</i>	
Vtg 1	08:27:48	08:31:28	00:03:40	14,3	14,3	60	02:31:28	09:01:28	20
Vtg 2	11:07:49	11:10:43	00:02:54	13,9	14,1	62	02:09:15	11:40:43	18

A9-ritten 2009

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100 km

Ryttarrapport söndag den 24 maj 2009

Klass 2 forts

Startnr	Ryttare			Häst		Land/klubb			Placering
Vtg 3	12:55:07	12:58:38	00:03:31	15,4	14,4	60	01:17:55	13:38:38	17
Mål	14:42:15			13,2	14,2	56	01:03:37		15
Totalt			00:10:05	14,2	14,2		07:02:15		15

20	Kristina Hinas			My Melody		Stenkyrkaorten			16
Start	06:00:00								
	<i>Ankomsttid</i>	<i>Intid</i>	<i>Diff</i>	<i>Km/tim</i>	<i>Ack. km/tim</i>	<i>Puls</i>	<i>Ridtid</i>	<i>Uttid</i>	
Vtg 1	08:12:47	08:17:29	00:04:42	15,7	15,7	60	02:17:29	08:47:29	12
Vtg 2	10:45:52	10:51:10	00:05:18	14,6	15,2	60	02:03:41	11:21:10	17
Vtg 3	12:43:59	12:47:40	00:03:41	13,9	14,8	60	01:26:30	13:27:40	13
Mål	14:48:37			10,4	14,0	52	01:20:57		16
Totalt			00:13:41	14,0	14,0		07:08:37		16

17	Angelica Thudén Nyberget			Naprapat		Värmlands Distansryttare			17
Start	06:00:00								
	<i>Ankomsttid</i>	<i>Intid</i>	<i>Diff</i>	<i>Km/tim</i>	<i>Ack. km/tim</i>	<i>Puls</i>	<i>Ridtid</i>	<i>Uttid</i>	
Vtg 1	08:39:00	08:46:17	00:07:17	13,0	13,0	60	02:46:17	09:16:17	23
Vtg 2	11:21:29	11:31:07	00:09:38	13,3	13,2	63	02:14:50	12:01:07	21
Vtg 3	13:22:03	13:27:42	00:05:39	13,9	13,3	58	01:26:35	14:07:42	20
Mål	15:17:17			12,1	13,1	60	01:09:35		17
Totalt			00:22:34	13,1	13,1		07:37:17		17

19	Eija Haajo			Sherdilan		Stenkyrkaorten			18
Start	06:00:00								
	<i>Ankomsttid</i>	<i>Intid</i>	<i>Diff</i>	<i>Km/tim</i>	<i>Ack. km/tim</i>	<i>Puls</i>	<i>Ridtid</i>	<i>Uttid</i>	
Vtg 1	08:48:54	08:54:56	00:06:02	12,3	12,3	56	02:54:56	09:24:56	25
Vtg 2	12:01:05	12:05:17	00:04:12	11,2	11,8	60	02:40:21	12:35:17	23
Vtg 3	14:31:52	14:36:11	00:04:19	9,9	11,3	52	02:00:54	15:16:11	21
Mål	17:00:21			8,1	10,7	56	01:44:10		18
Totalt			00:14:33	10,7	10,7		09:20:21		18

15	Eva Mårgård			Mykonos ox		Värmlands Distansryttare			
Start	06:00:00								
	<i>Ankomsttid</i>	<i>Intid</i>	<i>Diff</i>	<i>Km/tim</i>	<i>Ack. km/tim</i>	<i>Puls</i>	<i>Ridtid</i>	<i>Uttid</i>	
Vtg 1	08:38:34	08:41:13	00:02:39	13,4	13,4	58	02:41:13	09:11:13	22
Vtg 2	11:20:23	11:21:43	00:01:20	13,8	13,6	60	02:10:30	11:51:43	20
Vtg 3	13:01:10	13:02:47	00:01:37	16,9	14,2	64	01:11:04	13:42:47	19
Mål	14:42:14			14,1	14,2	60	00:59:27		Utesluten
Totalt			00:05:36	14,2	14,2		07:02:14		Hälta

21	Stina Svensson			Rezyiann		Nerikes DRK			
Start	06:00:00								
	<i>Ankomsttid</i>	<i>Intid</i>	<i>Diff</i>	<i>Km/tim</i>	<i>Ack. km/tim</i>	<i>Puls</i>	<i>Ridtid</i>	<i>Uttid</i>	

A9-ritten 2009

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100 km

Ryttarrapport söndag den 24 maj 2009

Klass 2 forts

Startnr	Ryttare			Häst		Land/klubb			Placering
Vtg 1	08:09:28	08:16:21	00:06:53	15,8	15,8	62	02:16:21	08:46:21	11
Vtg 2	10:31:02	10:37:53	00:06:51	16,1	16,0	64	01:51:32	11:07:53	11
Vtg 3	12:21:25	12:31:01	00:09:36	14,4	15,6	64	01:23:08	13:11:01	10
Mål	14:02:45			16,2	15,7	68	00:51:44		Utesluten
Totalt			00:23:20	15,7	15,7		06:22:45		
									Metabolik. Tillåten max puls är överskriden

27	Lene Hammeren			Bumar		Hadeland Ride- og Kjøreklubb			
Start	06:00:00								
	<i>Ankomsttid</i>	<i>Intid</i>	<i>Diff</i>	<i>Km/tim</i>	<i>Ack. km/tim</i>	<i>Puls</i>	<i>Ridtid</i>	<i>Uttid</i>	
Vtg 1	08:12:46	08:17:38	00:04:52	15,7	15,7	64	02:17:38	08:47:38	13
Vtg 2	10:45:50	10:50:45	00:04:55	14,6	15,2	54	02:03:07	11:20:45	15
Vtg 3	12:58:39	13:00:10	00:01:31	12,1	14,3	60	01:39:25	13:40:10	18
Mål	15:26:07			7,9	12,9	55	01:45:57		Utesluten
Totalt			00:11:18	12,9	12,9		07:46:07		Hälta

7	Beatriz ÖbergTillbom			Marziette		Rönningens K&RK			
Start	06:00:00								
	<i>Ankomsttid</i>	<i>Intid</i>	<i>Diff</i>	<i>Km/tim</i>	<i>Ack. km/tim</i>	<i>Puls</i>	<i>Ridtid</i>	<i>Uttid</i>	
Vtg 1	07:57:34	07:59:53	00:02:19	18,0	18,0	48	01:59:53	08:29:53	Utesluten
									Hälta, sär h.b under has

8	Lovisa Nordin			Zloty Zadac		Rönningens K&RK			
Start	06:00:00								
	<i>Ankomsttid</i>	<i>Intid</i>	<i>Diff</i>	<i>Km/tim</i>	<i>Ack. km/tim</i>	<i>Puls</i>	<i>Ridtid</i>	<i>Uttid</i>	
Vtg 1	07:57:11	08:02:52	00:05:41	17,6	17,6	60	02:02:52	08:32:52	Utesluten
									Hälta

10	Ulla Berndes			Broängens GraniBjörkviks RF					
Start	06:00:00								
	<i>Ankomsttid</i>	<i>Intid</i>	<i>Diff</i>	<i>Km/tim</i>	<i>Ack. km/tim</i>	<i>Puls</i>	<i>Ridtid</i>	<i>Uttid</i>	
Vtg 1	08:24:02	08:26:45	00:02:43	14,7	14,7	44	02:26:45	08:56:45	19
Vtg 2	11:00:35	11:02:00	00:01:25	14,4	14,6	60	02:05:15	11:32:00	Utesluten
									hälta

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100 km

Ryttarrapport söndag den 24 maj 2009

Klass 2 forts

Startnr	Ryttare	Häst	Land/klubb	Placering
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12	Sophie Alm	Vivas Napoleon	Björkviks RF						
Start	06:00:00								
	<i>Ankomsttid</i>	<i>Intid</i>	<i>Diff</i>	<i>Km/tim</i>	<i>Ack. km/tim</i>	<i>Puls</i>	<i>Ridtid</i>	<i>Uttid</i>	
Vtg 1	08:24:18	08:31:47	00:07:29	14,2	14,2	64	02:31:47	09:01:47	Utesluten Hälta

18	Catrine Wikström	Cajun	Stenkyrkaorten						
Start	06:00:00								
	<i>Ankomsttid</i>	<i>Intid</i>	<i>Diff</i>	<i>Km/tim</i>	<i>Ack. km/tim</i>	<i>Puls</i>	<i>Ridtid</i>	<i>Uttid</i>	
Vtg 1	08:48:55	08:54:36	00:05:41	12,4	12,4	56	02:54:36	09:24:36	24
Vtg 2	12:01:04	12:05:16	00:04:12	11,2	11,8	52	02:40:40	12:35:16	22
Vtg 3	14:31:50	14:36:08	00:04:18	9,9	11,3	52	02:00:52	15:16:08	Utesluten Hälta

24	Liza Sundberg	Palisa	Rättviks RK						
Start	06:00:00								
	<i>Ankomsttid</i>	<i>Intid</i>	<i>Diff</i>	<i>Km/tim</i>	<i>Ack. km/tim</i>	<i>Puls</i>	<i>Ridtid</i>	<i>Uttid</i>	
Vtg 1	08:17:28	08:19:30	00:02:02	15,5	15,5	56	02:19:30	08:49:30	14
Vtg 2	10:39:32	10:42:53	00:03:21	15,9	15,7	60	01:53:23	11:12:53	Utesluten Hälta

26	Bo Hansson	Tip Top Tribut	Nerikes DRK						
Start	06:00:00								
	<i>Ankomsttid</i>	<i>Intid</i>	<i>Diff</i>	<i>Km/tim</i>	<i>Ack. km/tim</i>	<i>Puls</i>	<i>Ridtid</i>	<i>Uttid</i>	
Vtg 1	08:27:50	08:32:13	00:04:23	14,2	14,2	60	02:32:13	09:02:13	21
Vtg 2	11:07:54	11:11:24	00:03:30	13,9	14,1	60	02:09:11	11:41:24	19
Vtg 3									Utesluten Brutit på banan ef. 70 km